

James R. Williams
EMS Educator and Speaker

“Coping When It Doesn’t Work” (60 – 90 minutes)

NCCCR Category: Trauma (CNS Injury, Hemorrhage, Fluid Resuscitation)

Cardiovascular (Cardiac Arrest)

Operations

General/Breakout/Concurrent Sessions

Summary

Countless hours are spent by individuals in the EMS profession learning how to assess patients, conduct differential diagnoses, select and administer medications, use algorithms, and how to use the tools at our disposal. Many times, this core knowledge makes a difference in the outcome of our patients. However, there are occasions when regardless of how “by the book” things are done, the outcome is not positive. This session explores the science behind some of our knowledge we carry as well as data which demonstrates just how effective they are. In addition, James will provide tips, information, and insight on how to deal with the emotional and physical reactions providers may have when the call doesn’t have a “TV movie ending.”

Objectives

- Discuss cardiac arrest science and survival statistics
- Discuss traumatic injury science and survival statistics
- Discuss disease specific probability, morbidity, and mortality
- Define critical incident stress
- Describe stress psychological and physiological effects
- Identify stress management techniques